The Quickest & Easiest Way to Create a Walkable Labyrinth!
By Lars Howlett / DiscoverLabyrinths.com based on teachings of Robert Ferre and Thorn Steafel

This method works for both temporary and permanent labyrinths. I have used a stand-up masking tape machine to create one at Veriditas Labyrinth Summer School in less than one minute! You could also place rocks on the ground for a permanent design that could last as long as those in Sweden, perhaps 2000 years.

You will need to erase some of the pattern, so the material you choose must be removable. (ie. Spray paint would not be suitable nor could you use rope). Indoors my preferred material is low-residue masking tape. (Before using tape on a floor, test an indiscreet area to be sure varnish or carpet is not damaged.) Small objects work well too, like battery tea lights or books. Outdoors I used flagging ribbon with landscape staples or chalk on sidewalk with a wet sponge for erasing.

First create a simple spiral beginning in the center of your chosen site. You can do this freehand, attempting to maintain a circular shape with even-width paths. For greater precision, wrap a string around an object and holding the end of the string, place your objects or tape at holding-point as you unwind. The path width will equal the circumference of the object. (You can also place two nails or sticks in the ground and the path-width will equal twice the distance between the points.) The spiral should have a minimum of four loops for a 3-Circuit BUT can have many more. Loops - 1 = Circuits so 4 loop spiral creates a 3-Circuit design:

![Diagram of a 3-Circuit Labyrinth]

Draw a line across four circuits (paths) and two parallel lines across two paths (circuits) on either side. Erase or tear out three spiral segments on either side to form the entrance path and center path. Erase or tear out one spiral segment on the outside of each shorter line to form two 180 degree turns.

![Diagram of 180 degree turns]

For a longer path, create more loops. Draw the lines of four and two from the outside and erase like above. This creates a Chakra Vyuha Labyrinth which is a Classical design with a spiral center. If you’d like a larger center you can erase the inner loops which yields a shorter path but more space for people to pause inside. Practice the process by drawing with pencil. Watch example videos: YouTube.com/DiscoverLabyrinths
To create a double spiral, either draw (A) one spiral with a double wide path and then a second in-between or draw (B) concentric half circles above and then again below. Use the same conversion (C) as outlined on the previous page on both sides for a processional (D). Tom Vetter’s variation (right).
Pop-Up Labyrinth Webinar:
Quick & Easy Techniques for World Labyrinth Day
By Lars Howlett / www.DiscoverLabyrinths.com / FindLars@Gmail.com

Video and Article Links and References

Video: Lars Howlett Labyrinth Design Considerations in Light of COVID
https://youtu.be/L-yBmLysys

Video: Linda Mikell Webinar Labyrinth Facilitating COVID-Friendly Walks
https://youtu.be/M9snDd9yVXM

Video: Linda Mikell Presentation Labyrinth Facilitating COVID-Friendly Walks
https://youtu.be/_eqsv6PUl24

PDF Handout Summarizing Lars Design and Linda Facilitating Videos
See Green box on Veriditas.org homepage or click this for direct link

Link: Lars’ Weekend Workshop on Creating Your Very Own Labyrinth April 24/25, 2021
https://www.veriditas.org/event-4166057

Link: Lars Howlett Pre-Recorded Drawing Tutorials on Veriditas Teachable Platform
https://veriditas.teachable.com/courses/author/62180

Link: Lars Howlett YouTube Channel Drawing Videos
https://www.youtube.com/c/DiscoverLabyrinths

Video: Robert Ferré creating a 7-Circuit Classical from Spiral at Grace Cathedral 2010
https://youtu.be/TipLc2Nc7bw

Video: Tabletop 7-Circuit Classical from Spiral with Beans
https://youtu.be/8HVdrgvXxsQ

Video: Tom Vetter TLS Workshop Demonstrating Tool and Technique for Precise Spiral
https://youtu.be/-A6WZDSR7Oo

Article by Thorn Steafel / Labyrinth Magic from Labyrinth Pathways 2008
https://labyrinthmagic.com/article-03.html

Video: Lars Howlett Creating a 6-Circuit Chakravyuha from Spiral at Sydney Summer School
https://youtu.be/_kGBlyx6oLw
Link: Recommended Pre-Made Stand-up Tape Machine by ToolLab (call for availability)

Link: Alternative Pre-Made Stand-up Tape Machine by Zip-Up (in New Jersey)

Or how to make your own tape machine by Robert Ferré (and spiral technique handout)
https://labyrinth-enterprises.com/tapemachine.html

Reference photos of the hand to pole tape dispenser conversion by Warren Lynn

Freehand tape with tape machine (standing up in Sydney Summer School)
https://youtu.be/_kGBlyx6oLw

Precision tape by hand (Chakra Vyuha in living room)
https://youtu.be/gj9QzaPUSWI

Freehand laundry with voice over instructions! (3-Circuit Classical in living room)
https://youtu.be/68xBNabjQ54

Freehand Double spiral with tape by hand (in living room)
https://youtu.be/WVaZUaXwrJ8

Freehand Double Spiral with tape runner (in public park)
https://youtu.be/Lq3-ti6euD8

Video: Early Drawing Tutorial by Lars Howlett Converting Spirals into Classical Labyrinths
https://youtu.be/sDM19-SEZno

Labyrinth Makers Forum on Facebook
https://www.facebook.com/groups/labyrinthmakersforum