



## Before You Arrive – Kanuga Visit Tips

Thank you for choosing Kanuga for your upcoming stay. We look forward to welcoming you to our peaceful mountain conference and retreat center. Here are a few visit tips and extra necessities to consider bringing to help ensure your visit is comfortable and successful. Please contact us with any further questions.

### What to wear:

Our campus is located at 2,300 ft. above sea level, and has four traditional seasons. Please check our weather (Hendersonville, NC, 28739) before arriving to ensure you've packed correctly. Depending on the season and type/length of visit, please consider the following:

- **Bring a mix of items for warm days and chilly evenings.** Even in the middle of summer or winter, the weather at Kanuga can fluctuate quickly. Check the weather forecast for Hendersonville, NC frequently before departing.
- **Comfortable walking shoes.** Many buildings are connected by outdoor footpaths.
- **Hiking shoes.** We have 20 miles of wonderful hiking trails.
- **Bathing suit and beach towel.** Kanuga Lake is open Memorial Day-Labor Day for swimming and boating.
- **Umbrella or rain coat.**

### Accommodations:

To maintain our peaceful atmosphere, rooms are not equipped with telephones, alarm clocks or televisions. Cottages and Guest Houses have small dorm-size refrigerators; the Kanuga Lake Inn does not. There are no cooking materials in any accommodations. Here are some extra items to bring, or consider:

- **Alarm clock, iron and hair dryer.** These are NOT provided in accommodations.
- **Toiletries.** Shampoo and conditioner are NOT provided in rooms; hand soap is. If you forget, see the Front Desk.
- **Coffee pot.** 24-hour coffee and tea service is available in the Dining Hall foyer, but not in accommodations.
- **Favorite pillow or blanket.** All linens, pillows, extra blankets and towels are provided by Kanuga.
- **Box fan** to supplement ceiling fans during warmer months. Accommodations are NOT equipped with air conditioning.
- **Ice machines are located** beside Charlie's Canteen (near the Dining Hall, directly across from the Chapel) and on the 2<sup>nd</sup> floor of the Kanuga Lake Inn.
- **Safety deposit boxes** are available at the Front Desk.

### Additional items to consider bringing along:

- **Flashlight.** You may be walking between buildings after dark on footpaths.
- **Camera.** Our picturesque setting provides plenty of opportunities to share your experience with family and friends.
- **Tennis equipment and fishing gear** (catch and release).
- **Water bottle** and to-go **coffee mug.**

### Connectivity:

- **Public WIFI** is available in most lodging and program buildings. Password available at the Front Desk, if required.
- **Verizon, US Cellular and Alltel** provide the best cell coverage. AT&T, T-Mobile and others are limited.
- **Public computers and telephones** are available in the Kanuga Lake Lodge lobby.

*See additional information on the back*



### **Additional information to prepare for your stay**

**Accessibility:** The Kanuga Inn and Lodge are accessible; however, other lodging such as Historic Cottages and Guest Houses may not be accessible. Most program buildings are accessible, with exceptions. There are outdoor footpaths connecting buildings throughout the campus. If you have mobility concerns, please contact us before your visit at 828-692-9136, ext. 2103, to make arrangements. We will do everything possible to accommodate your needs.

**Check-in/Check-out:** Unless otherwise noted, check-in at Kanuga is from 4:00-6:00 p.m. (EST) on your arrival day and check-out is by 10:00 a.m. (EST) on your departure day.

**Directions:** Due to the unreliability of online sources for driving directions (Google Maps, etc.) in our area, we strongly encourage you to use our directions at [www.kanuga.org/directions](http://www.kanuga.org/directions).

**Pets:** Kanuga is a pet-free property. Service animals are permitted. A list of local kennels is available upon request.

**Smoking:** Smoking is prohibited in all buildings. The Kanuga Lake Inn and Lodge, including balconies and porches, are smoke-free facilities. Those in the Cottages and Guest Houses who smoke are asked to do so only on open air porches. Smoking is not permitted anywhere in two-bedroom cottages since these do not have open porches. Please dispose of your cigarette butts properly.

**Quiet hour:** All events and private gatherings in common areas, public areas and grounds must respect Kanuga's campus-wide 11:00 p.m. quiet hour.