**Rumi Poem**

Today, like every other day, we wake up empty  
and frightened. Don’t open the door to the study  
and begin reading. Take down a musical instrument.  
  
Let the beauty we love be what we do.  
There are hundreds of ways to kneel and kiss the ground.  
  
~  
  
Out beyond ideas of wrongdoing and rightdoing,  
there is a field. I’ll meet you there.  
  
When the soul lies down in that grass,  
the world is too full to talk about.  
Ideas, language, even the phrase *each other*  
doesn’t make any sense.  
  
~  
  
The breeze at dawn has secrets to tell you.  
Don’t go back to sleep.  
You must ask for what you really want.  
Don’t go back to sleep.  
People are going back and forth across the doorsill  
where the two worlds touch.  
The door is round and open.  
Don’t go back to sleep.

**David Whyte quotes:**

We banish the misaligned when we align with what we are called tow’s become visible and real when we give our gift and stop waiting for the gift to be given to us”

Solace is the beautiful, imaginative home we make where disappointment can go to be rehabilitated.  When life does not in any way add up, we must turn to the part of us that has never wanted a wisdom to come to the fore, the part of us that already knows it is mortal and must take its leave like everything else, and leading us, when the mind cannot bear what it is seeing or hearing, to the birdsong in the tree above out heads.