**Resources from Second Online Finger Labyrinth Walk:**

Introduction by Harry Pickens on his album *Piano Peace*

*Hope* by Emily Dickenson

Quote from Christina Baldwin’s *The Seven Whispers: A Spiritual Practice for Times Like These*

Meditation Music: *The Spirit of Reiki on Offering* by Nadama and Shastro

**Ending prayer:**

In your hands we rest,

in the cup of whose hands

an ark sailed, rudderless and without mast.

In your hands we rest, and own a providence as large as sea and sky

that could make of the aimless wandering of the ark

a new beginning for the world.

In your hands we rest, rad and content this day.