Friday Night Circles

I don’t know you,

but I do.

We walk the same path together,

but it’s different,

and we’re apart.

Such a mystery is this way of meeting:

I release expectations,

and receive wonderment!

We heal without touching,

and may be pulled into health without realizing.

Ten minutes of winding fingers

brings . . .

insight,

inspiration,

contentment,

cleansing tears,

community,

grace,

solidarity.

For one hour we feel the new possible.

I return to pizza, news, and Netflix,

but everything is different:

a little changed because I am.

Thank you, friends on the path!

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