

# Labyrinth Workshop

## *Stillness & Attentiveness:* - The gift of the Labyrinth

Friday 18<sup>th</sup> May 2012, 9.30am-4.00pm,  
The Gateway at Seaton Town Hall, Fore Street,  
Seaton, Devon EX12 2LD

It is hard to stay focused in the present. Sometimes the pull of the past and the uncertainty of the future exert a surprising strength. Walking the labyrinth invites us into stillness and attentiveness to the present moment in which our soul may find peace, healing, joy and gratitude. There will be opportunity for journaling, small group sharing and simple art work as well as chance to walk a labyrinth alone with others.

The **Workshop** will begin at 9.30am with registration and finish at 4.00pm.

The day is organised by **Veriditas**, a non-profit organization in the USA specialising in this field and led by the **Rev. Di Williams** who is their UK Master Teacher.

### Registration Fee

The registration fee is \$120.00 (£72.00 / early bird rate £65.00 before February 1st, 2012)  
This includes lunch and refreshments during the workshop. Payment for this event is only available by credit/debit card via the Veriditas website. [www.veriditas.org](http://www.veriditas.org)

The workshop is open to all, but particularly serves as the **pre-qualifying** workshop for the **labyrinth facilitator training** weekend immediately following the end of the day workshop. It will be limited to 20 people.

Rev. Di Williams is an Anglican priest, adult educator, professional massage practitioner, spiritual accompanier and writer. She leads retreats, workshops, labyrinth facilitator training and is a consultant to emerging labyrinth projects in the UK. In 2008 she was awarded the MBE for services to Higher Education, including her multi-faith and labyrinth work.

She is the author of 'Labyrinth – landscape of the soul' (for more information or to purchase visit [www.diwilliams.com](http://www.diwilliams.com) or [www.ionabooks.com](http://www.ionabooks.com).)



## Labyrinth Facilitator Training

Saturday 19<sup>th</sup> May, 9:30 am – 6:00 pm &  
Sunday 20<sup>th</sup> May, 9:30 am - 4:00pm

The Gateway at Seaton Town Hall, Fore Street,  
Seaton, Devon EX12 2LD

Veriditas Facilitator Training remains the most rigorous and comprehensive training offered. This will be a practical training for those wanting to deepen their own knowledge and understanding of the labyrinth and for those who wish to become a Veriditas Certified Labyrinth Facilitator in order to facilitate the labyrinth well for others.

- Registration is on **Saturday 19<sup>th</sup>** at 9.30am. Sessions begin at 10.00am and continue to 6.00pm. There will be a break for refreshments at 11.00am, lunch at 1.00pm and afternoon tea at 4.00pm.
- (The group may like to take the option of finding a local restaurant to enjoy a meal together on Saturday evening).
- On **Sunday 20<sup>th</sup>** training will begin at 9.30am and finish with afternoon tea at 4.00pm. Morning break and lunch are as Saturday.

### Registration Fee

The registration fee for Facilitator Training is \$600.00 (£380.00) Spaces are limited (12) and there is a separate application process (from the workshop application) on the Veriditas website [www.veriditas.org](http://www.veriditas.org).

Need more information? Contact Di Williams at [diwilliams.labyrinth@gmail.com](mailto:diwilliams.labyrinth@gmail.com)

### Seaton Town Hall

Both events are being held at  
The Gateway at Seaton Town Hall,  
Fore Street, Seaton, Devon EX12 2LD

For information about travelling and for a list of local B&B's (very early booking advisable for Seaton accommodation... outside Seaton you will need car or taxi) go to [www.seaton.gov.uk](http://www.seaton.gov.uk)

