



Labyrinth: A Healing Tool for Humanity and Our Earth

Welcome to the second edition of the *Labyrinth Journal*. The natural evolution from winter into spring is an apt image for what is happening with Veriditas. The vision of the Second Generation of Veriditas is to activate and facilitate the transformation of the Human Spirit to heal and find a way to be of service to the world. Through the hard work of the Veriditas Board and the inauguration of the Veriditas Council – formerly The Spider Plant Project – the vision is beginning to take root. Hundreds of Veriditas facilitators are offering the labyrinth in a variety of settings to varied populations. Each newsletter will focus on the wonderful and important work done by Veriditas facilitators and others working with labyrinths.

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Quite amazing, this labyrinth.

The Editorial team has selected the theme of “healing amidst suffering.” Since our first newsletter the world witnessed the devastation of the December 26th tsunami in South Asia. The citizens of the world responded



Lauren Artress

with money and supplies, but the sorrow in our hearts needed to be released as well. On January 23 a World Wide Labyrinth Walk – initiated by Selma Sevenhuijsen, Carol Comstock, William Frost, and Lea Goode-Harris under the Labyrinth and Sea Project – received a huge response from the Facilitator Network. Jana Batey offers a ritual for healing that can be used around the labyrinth.

Psychotherapist Melissa West addresses healing concerns in her book *Exploring the Labyrinth*, and has written an inspiring article about recent events. Judith Tripp writes on the Women’s Dream Quest, a healing overnight ritual event that started at Grace Cathedral in 1987! Judith’s leadership has nurtured this empowering gathering of women over the years. Read her article and consider inviting Judith to hold a Dream Quest in your local area! Jane Wirth, the Veriditas facilitator we highlight in this issue, shares a personal healing on the labyrinth and some general observations of the healing process. The Veriditas Event Calendar

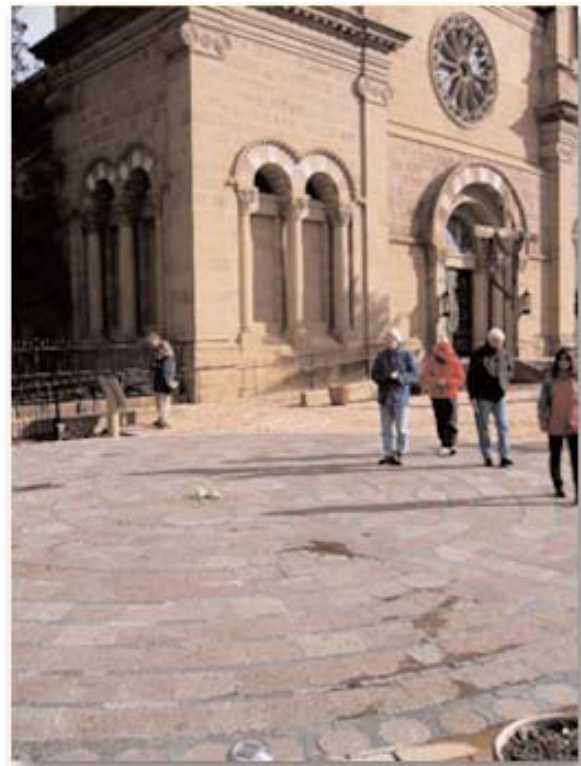
notes our 2005 events. We return to Chartres twice this year. It is not too late to register for *Let The Stones Speak: The Miracle and Mysteries of Chartres Cathedral* with John James, Malcolm Miller and myself speaking on the Black Madonna at the end of May. I am delighted to announce that theologian Matthew Fox will join me in Chartres in October and serve as the Faculty person for the first cycle of *Walking A Sacred Path*.

As I write, I am finishing the *Companion Guide to Walking A Sacred*

Path (working title) and am preparing for my trip to St. George’s Cathedral in Capetown, South Africa. Rowan Smith, the Dean of St. George’s Cathedral was at Grace Cathedral a few years ago and trained as a labyrinth facilitator. Since then, and through the work of many, labyrinths are springing up in South Africa at a rapid rate. Quite amazing, this labyrinth!

Keep me in your prayers.

Lauren



*A “Labyrinth Walk of Remembrance” in honor of the tsunami victims and those who have died in Iraq. St. Francis of Assisi Cathedral, Santa Fe, New Mexico
Photo by Marge McCarthy*

Walking into Mystery

I step foot into the courtyard labyrinth at St. Paul's, searching for solace on this cold and drizzly Seattle afternoon. I feel overwhelmed by the immensity of the suffering left in the tsunami's wake, asking why?... why?... why? with each footfall. I want answers. I want meaning: How can all this pain be? What can I possibly do that would make a difference?

As I make the turns in the watery dusk, my awareness drops beneath my overworked mind. I begin to rest into the present moment: drizzle making rings on the path before me; honking of afternoon traffic; the tightness of my own heart. Standing before the center of the labyrinth I hear Jesus' words: "Unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit." I recall how these words echo those of the ancient Greek mysteries, where seekers were initiated into the Mystery that animates all life.

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...my walks...

***simply remind me,
step by blessed step,
to keep opening my
heart wide to love and
the wild adventure of
living in these times.***

Mystery. Not knowing... I offer my willingness to quit trying to second guess the unknowable, and step into center.

At the center, at this still point of a swiftly turning world, I remember:

We all are *mystes*, the ancient Greek word for initiates. We are – every last one of us – standing barefoot on the holy ground of this anguished planet. We muscle for explanations, as I did that January afternoon: Why? Why? How could a Loving Presence allow such suffering?



Melissa West

"At one time or another, each of us confronts an experience so powerful, bewildering, or terrifying that we are brought to the cliff's edge. We can either back away in bitterness or confusion, or leap forward into mystery," wrote Philip Simmons, an incandescent young writer whose life was cut short by Lou Gehrig's disease. "And what does mystery ask of us? Only that we be in its presence, that we fully, consciously, hand ourselves over. That is all, and that is everything."

When I find myself asking, "How can I fully, consciously hand myself over?" (which I have done increasingly since 9/11), I go to the labyrinth. I walked the labyrinth that Tuesday morning four years ago with my community at Harmony Hill, a retreat center that offers programs for people with cancer. I walked the labyrinth when my best friend was diagnosed with cancer. I walked at the invasion of Afghanistan, at the news of Arctic glaciers

calving themselves into non-existence, at the assault on Iraq.

The labyrinth is where I bring both my broken-heartedness, and my insistence on understanding that which is beyond my limited human ability to grasp. It is where I take participants in Harmony Hill's Cancer Retreats struggling with "Why me? Why now?" It is where I often take a psychotherapy client or spiritual directee braced at some cliff's edge in their own life.

When we enter the labyrinth, we can hand back to Spirit our bitterness, our confusion, our despair. As *mystes*, we surrender our desperate scabbling at control. We unfetter our lives, and the life of the world around us, into Mystery, that wisdom which is beyond our human capacity to understand. Standing in the center of the labyrinth, and in the center of our own hearts and souls, we can allow the unbearable to heal us back into life, and offer a passionate and unreserved Yes to life even in the midst of great pain and uncertainty.

Walking into Mystery ultimately graces us with the immutable joy of being fully present to the love

that connects us with family, friends, strangers, and the community of life itself. The sudden turns of the labyrinth's path open us up to trusting the wisdom of uncertainty, the ability to be flexible and openhearted no matter what comes down the pike. In center, we find a deeper seat of power from which to take action in the world according to our own values and visions. Walking into Mystery frees us to look undefended into the eyes of a stranger, write letters to senators, or send money for disaster relief, without losing precious energy fixating on an outcome we can neither know nor control.

During the (rapidly decreasing) lulls in the world, I am tempted to stop walking the labyrinth, to quit this leaping into Mystery. But I continue, knowing that my walks will not ensure happy endings for myself or anyone else. They simply remind me, step by blessed step, to keep opening my heart wide to love and the wild adventure of living in these times. Jelaluddin Rumi, a 12th-century Sufi mystic who also lived in wild times, wrote:

*Gamble everything for love,
if you're a true human being.
Half-heartedness doesn't reach
into majesty. You set out
to find God, but then you keep
stopping for long periods at
mean-spirited roadhouses.*

These times shock us out of half-heartedness. Walking the labyrinth keeps us out of the mean-spirited roadhouses of bitterness and confusion, and on the path of love and Mystery.

Melissa West

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<http://www.mellisagaylewest.com>



*Melissa West's book,
Exploring the Labyrinth:
A Guide for Healing and
Spiritual Growth*

Walking the Labyrinth: Healing from Suffering and Loss

As Seekers, we desire a better handle on life; we want to figure things out. Why do disasters like the tsunami occur, causing hundreds of thousands of people to lose their lives? Why do people hate and create war against one another?

Perhaps because it is only through loss that we can gain a better understanding of what is really important to us. Perhaps it is as Stephen Levine said: "Whatever prepares you for death enhances life." Whatever the reason, it is part of our spiritual path to rise from the suffering and loss to heal ourselves as well as others. The labyrinth is a pathway to bring about such healing.

awareness. It is important that we are aware and conscious of those things that have touched us deeply to ensure that we have fully experienced our pain and realistically processed our losses. With the idea of "naming our losses," either cut out and have available for your participants or ask that the participants bring with them pictures from newspapers or magazines that represent events that resulted in loss, pain or human suffering. Some ideas might be events that the participants have a personal connection with or one by which they were deeply touched. The events can be disasters close to home, such as the lives lost in the California mudslides and flooding, or global,

each person hold up their photo and ask for healing specific to their event. For example: "We pray for healing peace on behalf of the people of Iraq."

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When the heart grieves for what is lost, the spirit rejoices over what it has left.

Sufi Wisdom

Having set your group's intentions for mass healing, have participants begin entering the labyrinth one after another with their event photo in one hand and the other hand on the shoulder of the person in front of them, forming a line connecting everyone. As you walk, holding your intentions for collective healing, you are symbolically and energetically connecting each walker with each disaster and all the loss and suffering experienced throughout the world.

Upon reaching the center, have participants leave their photograph in the center of the labyrinth as a symbol of release and then exit straight out through the labyrinth at the 12 o'clock position. Depending on the size of your group and your labyrinth, you may find that people exiting will merge into and through the line of participants still winding their way into the center. Symbolically, this can be seen as a purging of the loss and suffering that existed. Once the loss and suffering is released into the center of the labyrinth, it re-

enters the world as the healing energy of the present.

Once again, thank you for allowing me to share this idea for healing with you. If you have a ceremony that you would like to submit for sharing, please contact me via my personal email listed below.

Blessing along the path,
Jana Batey
jana@pathworkz.com
<http://www.pathworkz.com>

Veriditas

Vision

To activate and facilitate the transformation of the human spirit.

Veriditas

Mission

Veriditas centers its work on the labyrinth experience as: A practice for personal healing and growth, a tool for community building, an agent for peace, and a metaphor for life.



Walking the labyrinth can be a pathway from suffering to healing. Photo by Jason Sullivan

Ceremony: Symbolizing Healing from Suffering and Loss

You may use either an 11 or seven circuit labyrinth for this ceremony.

Naming our losses helps us to remain conscious of them, to process our pain and suffering and stand in touch with our own

such as the tsunami or the war in Iraq. The idea is to have each person taking part represent the people, place and event identified in the photograph.

Begin the ceremony by gathering around the outside of the labyrinth with each person holding his or her event photo in front of them. Going around the circle, have

Little Miracles on the Path

The following story was submitted by facilitator Judy Massey. It speaks volumes about the healing potential of the labyrinth experience.

Blessings on the path,
Linda Mikell
edlinmik@optonline.net

Comin' Home

The day after Thanksgiving we had a "Renewal Walk" on our new outdoor labyrinth. I was doing an introductory talk preceding it in our parish hall. Along with the usual mix of long-haired women in shawls and the more mystic types who usually attend these walks, a retired military parishioner, his wife, daughter and two young

grandchildren walked in and sat down. I knew this man's cancer had been declared in remission after surgery, chemo and radiation a couple of years ago, but that he learned recently that the cancer was back and spreading. I geared my talk to be inclusive of the children and therefore pretty simple. He "got" it.

The children wanted to be first to walk and seemed delighted to begin. Their mother was next, followed by the man's wife, and finally he entered with folded hands and head down. As the rest of the group filled the labyrinth I was not aware of him individually, but held my prayer intentions for everyone in the group.

The children were first off and

chose to walk again instead of going inside to play in the toy corner. When a 5- and 7-year-old will choose the labyrinth over playing, I feel there was a little miracle right there. But the big one was yet to come.



***I talked to God,
I know
I talked to God."***

When their grandfather finished walking he stood near the entrance looking back in with a look of complete awe on his face. Next he turned to me and said softly, "I talked to God, I know I talked to God." Then tears began to

well up in his eyes and he whispered through them, "I told him I was comin' home and..." He was so choked up he couldn't talk and I just stroked his shoulders.

After a few seconds, he looked up at me more composed and said, "And now I'm not in pain about that anymore." A calm smile spread over his face.

Here was the "peace that passeth understanding," God's awesome love breaking through to him as he faces "comin' home." In a few moments his wife and daughter and grandchildren gathered around him. As they walked away together my heart nearly burst with joy and the tears flowed like fountains down my face.

Judy Massey
Judmassey@aol.com

The World Wide Circle of Labyrinths

Our diverse connections through the world wide labyrinth movement allowed a group of us to focus our ideas and create a worldwide circle of water labyrinths commemorating the December 26th, 2004 Tsunami.

Our intention for this project was to provide inspiration for people to create their own labyrinth walk in connection with water and send their thoughts in any way possible to aid those affected by the tsunami and to ask for a restoration of the healing power of water. We created a website with suggestions for constructing labyrinths and with inspirational text about how the labyrinth and water are connected. Many people put their plans on the website and newspapers picked up the story. After

the event people sent pictures and stories, poems and letters to post on the website, sharing their experiences with others. From these contributions it became clear how people were moved and felt connected to the labyrinth

community around the world by walking the labyrinth on this day. Also many people wrote to say that they were grateful to have something physical to do, besides donating money to aid those affected by the tsunami.

The January 23rd event coincided with a large storm hitting the coasts of the Atlantic Ocean, making it difficult for events to go as planned. This too, became a part of the overall event. It added dealing with the harsh forces of nature and water to the many labyrinth walks that were able to connect with the positive and healing aspects of water. The labyrinth provided the right setting to hold the tension of opposites found in nature, bringing renewal, hope, and a reconnection with the preciousness of life on the planet and water around us.

Lea Goode-Harris, USA and
Selma Sevenhuijsen, The Netherlands
with *Carol Posch Comstock* and
William Frost, USA
Labyrinth and Sea Project
<http://www.waterlabyrinths.com>



*The World Wide Circle of Labyrinths, January 23, 2005
Ghost Ranch, Abiquiu, New Mexico. Photo by A. Ackerly*

A Dream Quest for Hope

In the last edition, I described the overall format of the Women's Dream Quest, an overnight workshop that has been going on at Grace Cathedral in San Francisco for 18 years and also takes place in other cities around the country. In this piece, I describe how we use the Quest as a way to respond to the suffering in our world at this moment in time.

Both of the Quests I have done this winter have revolved around the theme of hope. In the wake of the election, the war and the Tsunami disaster, the quests became a place to acknowledge our despair and to open toward hope.

In January, 85 of us gathered in Portland. In the context of our initial breathing and greeting exercises, I asked the women to begin to reflect on what it means to hope. I asked them to consider what they despaired of, what brought them sadness and made hope difficult. By the end of the large group circle, I asked them to allow hope and despair to come in and out of their consciousness throughout the evening. To mark the possibility of hope, each of the women was given a tall white, votive candle. They were lit one by one and we sang: Dona Nobis, Pachem, Pachem (Lord, give us peace)

We processed up the stairs, through a long dark corridor and down into the sanctuary, our candles leading the way.

We walked up the central isle, two by two and placed the blazing candles on the altar. There they stayed as a reminder of the light of hope all through the night. I stood behind the altar and watched the evolving scene. Without a word the light increased and became a blazing

flame giving us all the teaching of the power of collective action and inspiration.

The Quest proceeded and women spoke of hope and despair in their small groups. They took their questions onto the labyrinth. They received healings about their own despairs and hopes. They made art depicting their feelings.

In the morning circle, I presented the following exercise. As so often happens to me, the pieces all came together in my own labyrinth walk. I knew there was a way to make a practice of the movement from despair to hope. My husband gave me the key when he told me that the I Ching defines hope as the certitude that our prayers will be answered. I took these elements on my walk and a movement sequence came to mind.

We placed our palms out in front of us and said, call and response style: "I acknowledge my despair over the brokenness in myself." We paused to feel that. Then we said, "I witness the pain of this brokenness," and placed our

hands over our hearts. We paused to let that sink in. Next we said, "I make a prayer to whomever or whatever I pray to, to alleviate this suffering." We placed our hands in prayer position. We breathed to take in that prayer. Next we bent low to receive hope from the ever renewing Earth, bringing our hands up along our bodies, feeling the hope the circle brings. Then we stretched our arms out above our heads, receiving the stream of hope that comes from the spirit realms above. With a final turn of the wrists we sent that hope out into the world.

We then repeated the movement acknowledging our despair over our warring world, our despair over the suffering of the children, our despair over the suffering of the Tsunami victims and survivors, our despair over the desecration of our planet, and finally whatever private despair each individual woman was in touch with. Each time we took a moment to witness what this despair feels like and then another

moment to carefully construct the prayer that would be our petition for relief. After prayer, we could open to hope from the three sources we always call on in the Quest. We called for hope from the Earth that sends out her new shoots even in the deepest winter. We called for hope from the circle of Dream Questors that can help hold the burdens and joys of the human heart. We called for hope from above, the collective, transcendent spirit that graces us with light and awareness.

The room was very still after the exercise. As always happens when we stand in the circle at the end of the Quest, the power is quite palpable. We sent this palpable power out into the world to our beloved ones and to suffering ones all over the planet.

The next Dream Quest is:
October 28-29, San Francisco
For more information and to find out how to host a Dream Quest in your area, see <http://www.circleway.com> or call *Judith Tripp* 415-552-4546

Labyrinth Products from Veriditas

The Veriditas Labyrinth Gift Store has all the latest labyrinth merchandise.

Call 800-895-7030

or visit us online at

<http://www.veriditas.net>

for more information.

Discounted prices are

available for trained

facilitators on

select merchandise.



Products inspired by the Labyrinth.

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All gift shop proceeds support Veriditas™ programs as well as the artists and craftspeople whose work we sell.

Veriditas Facilitators

Jane Wirth
Veriditas Certified Facilitator

The Labyrinth and Healing

When my toes stepped onto the labyrinth at Grace Cathedral for the first time, I felt excitement radiate upward. In the dark cathedral, I was wrapped in a safe cocoon by the candle light that surrounded the inviting labyrinth. Tentatively I wound my way through the many turns and through the many people who walked with me on this journey. When I reached the outer ring, I began to feel uneasy. As I continued on I was filled with an intense pain. Moving toward the center, the pain passed but I was left wondering what it was all about.

As I walked the next evening it happened again – the searing pain came in almost the same spot on the labyrinth. Thus my

healing journey began. Little did I know I was walking a portion of the Veriditas mission, “to provide a practice for personal healing and growth.” My experience showed me clearly that the labyrinth can act as a mirror to reveal internal pain that needs to be healed, whether physical, mental or spiritual in nature. Being aware of the need for healing is the first step on the path to wholeness.

What do I mean when I use the term healing? For many it brings images of the lame walking, the blind seeing, or demons being cast out. Healing may bring these kinds of cures, but it is something very different. Healing draws its meaning from an ancient concept of being whole according to Frances Geddes, MDiv, from the Pacific Center for Spiritual Formation. So to be healed is to



be made whole, not necessarily to be cured.

A key element of being whole is a feeling of connection to the divine. It is this connection to the sacred source that brings wholeness and heals. In my mind, the labyrinth is a tool that invites us into the experience of union, it “ones the soul to God” to use the words of Julian of Norwich. The labyrinth itself becomes the mediator of the sacred. It not only brings awareness of when healing is needed, it facilitates a reunion with the source.

The delusion of separateness also includes a feeling of isolation from our fellow humans. Walking the labyrinth can heal this illusion. Each person winds around on the same path, moving, stopping, dancing at their own pace. Eyes meet, shoulders brush. Being in the middle of this movement dispels the feeling of isolation. Compassion is stirred and reflected in the eyes of others when they see you in pain. Or your own heart reaches out when you see someone in need. Often it is this glance of love that provides a healing bridge.

Facilitators who stand at the edge of the labyrinth often say they are holding the space. In reality they are there as healing agents themselves. Paracelsus says, “The main reason for healing is

love.” Facilitators are the presence of love at the labyrinth. They provide protection of the space so walkers are free to grow in their awareness and then to connect with the divine in safety.

Healing is really a glorious mystery that can't be completely explained with words. Isaiah 65:24 says, “And it shall come to pass that before they call I will answer them.” In my own journey, that promise was fulfilled as I walked into the mystery of the labyrinth.

THE LABYRINTH JOURNAL IS A VERIDITAS PUBLICATION

**Volume 1, Issue 2
March 2005**

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*9/11 Memorial Walk at the Milner Plaza, Santa Fe, New Mexico
Photo by Marge McCarthy*

Let the Stones Speak!

The Miracles and Mysteries of Chartres Cathedral
Chartres, France, May 30 - June 3, 2005

An adventure at Chartres led by:

John James, author of *The Master Masons of Chartres*

Lauren Artress, author of *Walking a Sacred Path, Rediscovering the Labyrinth as a Spiritual Tool*

Malcolm Miller, author of *Chartres Cathedral*

Location: Maison St. Ives, Chartres, France

Nothing is "decorative" in Medieval Cathedrals. All that was created has meaning and purpose. Was it used only to teach the illiterate masses the religious ideas of the time or is there more? What does the symbolism mean? What are the messages emanating from the sculptures, the windows and the portals? Who were the people who built this glorious cathedral? How did they complete the work without any of the tools that we are familiar with today? What map did they follow? Why was the labyrinth laid? What role did Mary play and how is this understood today? The cathedral holds many mysteries and quite possibly keys to mystical traditions.

Veriditas is pleased to present

the first in a series of educational programs exploring sacred sites around the world. During this five-day educational experience, we will explore the "nuts and bolts" of Chartres Cathedral. World famous experts will lead us on a journey into the architecture and sacred geometry of the cathedral. The deeper meaning of the windows and sculpture will be revealed as well as the mystery of the Black Madonna that radiates her blessing to this day.

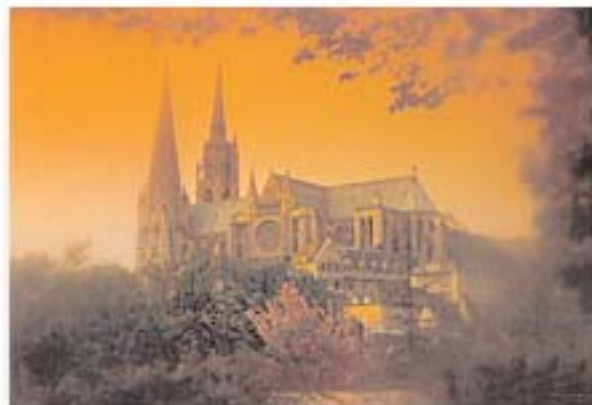


Chartres Cathedral is a library of glass and stone..."

Malcolm Miller

The program fees include:

- Lectures by all three leaders
- Tours of the Cathedral
- Crypt tour in English
- Opening Reception
- Closing dinner
- Private labyrinth walk in the Cathedral



Chartres Cathedral

About the leaders:

Lauren Artress:

The Black Madonna and the Veil of Mary

Lauren Artress, popular author of *Walking a Sacred Path* (Riverhead, 1995), who re-introduced the labyrinth as a form of walking meditation and a path of prayer to thousands of readers, has become the single most visible and sought-after leader of the labyrinth movement around the world. Lauren will take us into the mysteries of the Black Madonna. What is this legend about? Is this a person or a concept that is re-emerging today? Is the "Lady of the Pillar" at Chartres Cathedral a Black Madonna? Join Lauren as she skillfully weaves the stories, the history and the contemporary phenomena behind this legendary icon.

John James:

The Language of the Stones at Chartres Cathedral

John James is an architect, builder, farmer, philosopher and medieval historian. Since 1969 he has been passionately searching to discover the origins of the Gothic style, beginning with a five-year study of Chartres cathedral

(that included the labyrinth) and expanding into all 750 significant churches in the Paris area and their 20,000 carved capitals in search of answers. As John says in his book, *The Master Masons of Chartres Cathedral*, regarding the history of Chartres "the cathedrals need not be silent." He will teach us to read the story of the cathedral's construction stone by stone.

Malcolm Miller:

The Iconographic Expression in Chartres Cathedral

Malcolm Miller is acknowledged world wide as an expert on the iconography of Chartres. Get an up close and personal look at the glass and sculpture of the Cathedral with Malcolm Miller as he takes us through over 40 years learning. Malcolm will show us the hidden mysteries through his slides and private tour.

Program Fees

NEW Price: \$1,450.00

For Verditas Emerald, Gold, Platinum and Grail Circle Members: \$1,275.00

Please call 415-561-2921 or visit <http://www.veriditas.net/programs/chartres.html> for registration information.



Chartres Cathedral from 30 miles away.

2005 Labyrinth Calendar of Events (as of 3/12/05)

- 4/8 - 4/22 **Workshop and Facilitator Training**
St. George's Cathedral, Capetown, South Africa
Info at <http://www.veriditas.net/programs/sponsored.html>
- 5/21 - 5/22 **The Labyrinth Society Symposium, United Kingdom**
- 5/30 - 6/3 **Let The Stones Speak! The Miracles and Mysteries of Chartres Cathedral - Chartres Cathedral, Chartres, France**
Info at <http://www.veriditas.net/programs/chartres.html>
- 6/17 - 6/21 **Colorado Springs, CO Cluster Event**
Qualifying Workshop 6/17-18, and Facilitator Training 6/20-21
Contact: Sharon S. Littrell 719-633-8888
- 6/24 - 6/28 **Vancouver, BC Cluster Event, St. Paul's Church**
Qualifying Workshop 6/24-25, Facilitator Training 6/27-28
Contact Bonnie McKinnon at 604-730-1612
- 7/8 - 7/10 **Keynote: The Way of Relationship - Aspen, CO**
Co-sponsored with The Spiritual Paths Foundation with Rabbi Rami Shapiro, Kabir and Camille Helminski, Judith Simmer Brown, Ed Bastian and others.
Info at 970-923-0370 or <http://www.spiritualpaths.net>
- 7/29 - 8/2 **Taking that Creative Leap: Navigating a Life Transition**
Mercy Center, Burlingame, CA For women only.
Info at <http://www.veriditas.net/programs/women.html>
To apply contact the Veriditas office.
- 8/14 - 8/21 **Golden Door Labyrinth Week, Escondido, CA**
Info at <http://www.goldendoor.com>
- 9/17 - 9/24 **5 Day Intensive, Whidbey Institute, Whidbey Island, WA**
Contact Carolyn North <http://www.whidbeyinstitute.org>
- 9/29 - 10/4 **Louisville, KY Cluster Event, Louisville Presbyterian Seminary**
Qualifying Workshop 9/30-10/1, Facilitator Training 10/3-10/4
Info at <http://www.lpts.edu/>
- 10/6 **Public Talk and Workshop, Tampa, FL, Franciscan Center**
Contact Karen Davies, 213-229-2695 or email francntr@tampabay.rr.com
- 10/17-23 **Walking A Sacred Path: Week 1**
Chartres Cathedral, Chartres, France. Faculty: **Matthew Fox**
The 12th Century Renaissance and the 21st Century Renaissance
<http://www.veriditas.net/programs/chartres.html> 415-561-2921
- 10/24-30 **Walking A Sacred Path: Week 2**
Chartres Cathedral, Chartres, France. Faculty: **Lauren Artress**
The Parable of the Labyrinth
<http://www.veriditas.net/programs/chartres.html> 415-561-2921
- 10/31-11/1 **Facilitator Training, Chartres Cathedral, Chartres, France**
Info at <http://www.veriditas.net/programs/training.html> 415-561-2921
- 10/20 - 10/23 **The Labyrinth Society Annual Gathering, Lenox, MA**
- 10/28-29 **Women's Dream Quest, Grace Cathedral, San Francisco, CA**
For women only.
Info at <http://www.veriditas.net/programs/women.html>
- 11/11-13 **Labyrinth Pilgrimage Retreat: Gathering Collective Wisdom**
Grace Cathedral, San Francisco, CA
Registration info at <http://www.veriditas.net/programs/grace.html>
- 11/14-15 **Facilitator Training, Grace Cathedral, San Francisco, CA**
Info at <http://www.veriditas.net/programs/training.html> 415-561-2921

Walking a Sacred Path

is a transformational program at Chartres Cathedral that is offered in two six-day cycles beginning Monday and ending on Saturday at noon. Each cycle features a different faculty person. Both cycles include:

- private, after hours labyrinth walk
 - public labyrinth walk
 - morning seminars
 - small group discussion
 - opening reception
 - closing dinner
- tour of the crypt in English
- tour with Malcolm Miller

• leisure hours spent in the enchanting Medieval village that surrounds the magnificent Cathedral of Our Lady of Chartres.

Lauren Artress hosts both cycles of the *Walking a Sacred Path* program.

Cost:

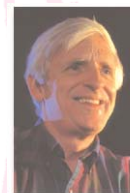
Early Bird Special: \$1450 ends July 15th, 2005
Regular Rate: \$1550 after July 15th, 2005
Special for donors (\$1000 and above): \$1350

Faculty: **Matthew Fox**

Cycle One:

The 12th Century Renaissance and the 21st Century Renaissance
October 17-23, 2005

This week is being approved as an Independent Study option for credit through the Doctor of Ministry Program at the University of Creation Spirituality. For details about the Doctor of Ministry Program contact Grace Hogan, Director of Admissions 510-835-4827 ext 14 or email gracehogan@csnet.org.



Faculty: **Lauren Artress**

Cycle Two: The Parable of the Labyrinth
October 24-30, 2005

Facilitator Training at Chartres Cathedral

Lauren Artress will hold a two-day Facilitator Training in Chartres following Cycle Two of Walking a Sacred Path.

Facilitating a Labyrinth as a Spiritual Path is the theme under which Lauren will teach the training. This Training is to prepare applicants wanting to present the labyrinth to their community or to do workshops, conferences and open walks. The training includes the Basic Presentation, different models for presenting, holding the space of the labyrinth, unusual experiences, construction and many more topics. For more information, go to <http://www.veriditas.net/programs/training.html>

Cost: \$600