

## Veriditas Friday Labyrinth Meditation

October 21, 2022

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### ***Inspiration for the Theme: What is Waiting to be Revealed?***

#### **Wild Orchids Card**

Meaning: Something Hidden

“Ask you inner knowing to uncover things hidden so that you may gain a broader perspective.” Francine Hart, *Sacred Geometry Cards for the Visionary Path*

#### ***What is unseen in my life?***

“Yours is to live it, not to reveal it.” - Helen Luke  
(Mark Nepo, *The Book of Awakening*, p.396)

#### **What is waiting to be revealed?**

Our imagination is the key to unlocking this question. Imagination unlocks new perspectives, or hidden truths. Because often something isn't necessarily hidden - it's only hidden from where we are standing. Imagination gives us the opportunity to see the world changing shape and shifting in front of our eyes. In fact we are really the ones shifting, or moving, as we open our imaginations to a new perspective.

*What are you seeking right now in your life? What are you seeking to reveal, release, or receive? Or what change would you like to see in your life?*

***“What you seek is seeking you.” - Rumi***

we start our journey  
among rivers and mountains  
return to nature  
dew drops like pearls on tall grass  
welcome this pilgrim  
morning sounds through fine mists  
clouds now floating threads  
drifting clouds distant and white  
divine and silent  
floating above beyond reach  
suddenly we soar  
rainbow remnants ride these winds  
spirit molecules  
birth a lingering echo  
spiritual balance  
stone gates in a fairy cave  
still sacred presence  
i see through all emptiness  
brush on rice paper  
splashed ink sings a melody  
long moments of song  
art is a conversation  
in a state of grace  
where we find eternity



